



Bahari Shwari na safari nayo – Swahili Proverb

Travel when the sea is calm (Translation)



Low Tide

At Zawadi Hotel – we are situated on a natural water channel, within the fringing reef meaning that even at the lowest tide, there is still enough water to swim, kayak, snorkel, SUP and boat ride. Only a 4minute boat ride to the Blue Lagoon, offers some of the best snorkeling on the South East Coast – the home to a shallow juvenile fish nursery and intricate coral boulders.

As the water pulls away from the coastline, small pools of tropical fish, barrier reef and sandbanks reveal a wonderful underwater ecosystem of tropical fish, tidal critters and colourful starfish.

High Tide

As the water returns, bringing the calming sounds of waves against the rocks, sweeping the coastline and refreshing the sand and soul of the beach.

Currents

Current direction is determined by either the tide coming up or going out. Rips tend to travel parallel to the coastline making swimming fun and safe.

Did you know?

The moon is the biggest determining factor for the tide phases. The highest and lowest tidal change will happen during Full – and New – Moon phases.

A neap tide is a relatively minor change due to the equal force of the gravitational pull of the Sun and the Moon.